CAPITAL WOMEN'S CARE®
"Working Together for Women's Health"

STEVEN S. MAGGID, M.D., F.A.C.O.G.
CORLISS D. NEWHOUSE, M.D., F.A.C.O.G.
BARBARA J. BUTLER, M.D., F.A.C.O.G.
V. ASHOK RANGNATH, M.D., F.A.C.O.G.
ALICE M. CHAPMAN, M.D., F.A.C.O.G.
SARA B. LEITHEISER, M.D.
RACHEL M. GHAMAN, PA-C

Patients Name: _____ DOB: _____ Date: _____

Date	Fasting / Before Breakfast	2 hours after Breakfast	2 hours after Lunch	2 hours after Dinner	Comments / Medications
Target Range:	60 – 95	60 – 120	60 – 120	60 – 120	

SPECIALIZING IN OBSTETRICS, GYNECOLOGY AND INFERTILITY

2301 RESEARCH BOULEVARD • SUITE 215 • ROCKVILLE, MD 20850 • (301) 424-3444 • FAX (301) 926-0655
10801 LOCKWOOD DRIVE • SUITE 290 • SILVER SPRING, MD 20901 • (301) 593-5595 • FAX (301) 754-0947